

Erica Hilary

Broadcaster, Author

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Erica grew up in Connecticut looking wistfully at NYC from a safe, suburban distance. The only 'trouble' she got into in high school revolved around sneaking into the city to watch the burgeoning improvisation genre. Off at Boston University, she studied communications and psychology. Those years consisted of many utterances of "How does that make you feel?" and "I'm not clear on what my motivation is."

After college, she followed her passion and trained with and joined the company of The Groundlings Manhattan (Far Beneath Gotham). When she relocated to Washington, DC with her husband and a young son in tow, it was clear it was time to stop toiling about in clubs until the wee hours. Armed with a skill set that revolved around improvisation skills, staying abreast of current events and pop culture, and forming an immediate opinion on any subject broached - well, the world of morning radio beckoned.



It happened quickly. Erica started with her own evening talk show, *Girl Talk*, on WASH-FM in 1999; it debuted to skepticism, but quickly grew an audience. She moved on to hosting mornings at Z104 in 2002, where they also acquired *Girl Talk* on the new signal. When Z104 flipped formats in 2006, Erica headed over to WRQX to join Jack Diamond doing mornings. During these years, she's continued to enjoy hosting mornings at Mix107.3 and raising her two kids. She also finds herself suddenly-single and on the precipice of re-invention: Erica 2.0



When not working, Erica travels extensively (in the past couple of years she's knocked the Azores, Cinque Terre, and Costa Rica off the bucket list), loves cooking, love-hates working out, and denies bingeing Bravo when she finds time. She digs through produce at the farmer's market for vegetables other people eschew because of their inherent flaws - she calls them 'her rescue tomatoes'...



Community Work

Having lost both her parents to Alzheimer's, Erica teams with the **Alzheimer's Organization** in many ways to honor them and to further the research efforts. She was honored in 2012 by the organization for her continued dedication and hosting national events for the organization.

It's a personal passion project to feed all who are hungry. Erica joined up with **Martha's Table** prepping, cooking, and delivering meals monthly (out of a galley kitchen!) beginning in 2012.



Work History

1999-2002: **97.1 WASH-FM**, Washington, DC
Girl Talk with Debra Leigh

2002-2006: **Z104 WWZZ-FM**, Washington, DC
Mornings with Brett Haber
Mathew Blades Radio Program
Girl Talk with Debra Leigh

2006-2019: **Mix107.3 WRQX-FM**, Washington, DC
Jack Diamond Morning Show

2021: Wrote and published *Blindsided*



Audio

Want to hear more Erica? Click below to find out why she's...

[Feisty](#)

[Compassionate](#)

[Genuine](#)

[FlawEd](#)

[Vulnerable](#)

[Sardonic](#)



Video

[Memory Walk Spot](#)

[Jack Diamond Morning Show - Erica's Purse is Vibrating!](#)

[Jack Diamond Morning Show - Queen of Hot Food vs Ghost Pepper Chip](#)

[Jack Diamond Morning Show - Dean Lewis Q&A with Producer Blaire](#)

